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# Difference between Hypertrophic Pyloric Stenosis in Child with History of

# **Prematurity and Aterm**

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#### ABSTRACT

Background. Hypertrophic pyloric stenosis (HPS) is an acquired condition in which the circumferential muscle of the pyloric sphincter becomes thickened, resulting in elongation and obliteration of the pyloric channel. HPS is the most common gastrointestinal disease in the first few weeks of life. Case presentation: Two patient: a girl, 2 month old (aterm baby) and a boy, 2 months old (preterm baby) with diagnosis moderate dehydration ec vomiting, suspect HPS. Both patient got recurrent vomiting since 1 week before admission, and got dehydration, The vomiting was projectile, occuring after the patient was drink the formula milk. We found the olive sign in both patients, but it was not an obligation we should find olive sign, because it just found in 70% patients of HPS. In these patients were found sunken eyes, and slow return turgor that indicating dehydration. Patients were got Ultrasonography and planned for barium meal examination and Ph monitoring. These patients was undergone pyloromyotomi for definite therapy. After surgery preterm baby was still vomiting for 2-3 days in preterm baby, but not in aterm baby. Conclusion: HPS in preterm baby got more complications after surgery than aterm baby, such as: longer length of stay, reflux post operative.

#### 1. Introduction

Hypertrophic pyloric stenosis (HPS) is an acquired condition in which the circumferential muscle of the pyloric sphincter becomes thickened, resulting in elongation and obliteration of the pyloric channel.<sup>1</sup> HPS is the most common gastrointestinal disease in the first few weeks of life. HPS refers to a pylorus that is narrow. HPS is the most common cause of gastric outlet obstruction in infants resulting in nonbilious vomiting. It is more common in boys than girls (2:1).<sup>2</sup> But, in the other research, the male to female ratio is about 4:1. It is occurring at the age of 2-8 weeks. It has an incidence of 3 per 1,000 live births per year, although wide variations have been documented with geographic location, season and ethnic origin. This disease usually presents between the second and sixth weeks of life.<sup>3</sup> Incident of HPS in Indonesia remained unclear, but in RSUP DR M Djamil, there's only 6 case in period of 2016-2020. The clinical presentation is projectile and non-billious vomiting. Hypertrophic Pyloric stenosis is due to congenital hypertrophy of the pyloric sphincter. The lumen of the pylorus is narrower, and less food is able to pass through.<sup>4, 5</sup>

In 1907, although this curious disease is treated easily with surgery, its etiology remains undetermined. The exact etiology of the condition is unknown, but it carries a multifactorial pattern (environmental and genetic). The most common risk factors are family history, gender, younger maternal age, being a first born infant, and pattern of feeding.6-8

There are many modalities to help make the diagnosis. Radiologists have been using ultrasound (US) to investigate HPS since 1977, and it is the reference standard for diagnosis. The other modalities to help the diagnosis is the barium meal, but have some weakness. Barium meal examination only perform if the USG can't help the HPS diagnosis.<sup>9</sup>

Pyloromyotomy remains the standard of treatment, and outcome is excellent. The best surgical outcome and lowest complications are more likely when the surgeon has specialist pediatric surgical training. Pyloromyotomy can be performed by open or Endoscopic. Endoscopic pyloromyotomy is a simple procedure and can be performed as an outpatient procedure. Recently, endoscopic balloon dilatation of hypertrophic pyloric stenosis after failed pyloromyotomy has been used with greater frequency. .<sup>5, 10</sup> The purpose of this case presentation to report a case of Hypertrophic pyloric stenosis from two patients, first patient with aterm baby, another patient with preterm baby, onset of HPS in both patient is same, in the fifth week of life.

# 2. Case Presentation

## Case 1

Baby YS, a 2 month old girl baby was hospitalized in Dr. M Djamil Hospital pediatric ward for 15 days with chief complain recurrent vomiting since 1 week ago, frequency 5-7 times/day, 4-5 spoon/times contains formula milk, projectile, vomiting usually present after drink a milk. Last vomit was 4 hours ago, colour was white contained formula milk and breast milk, and projectile. The patient got breast milk on demand plus formula milk every 2-3 hour, amount ± 60 cc/times. The stomach looked distended since 1 week ago. There was no diarrhea and bloody stool before, there is no defecation in last 3 days. Patient looked thirsty, micturition was dark and less, last 3 hours ago. Patient was admitted in M Djamil Hospital by Pediatric department with observation vomitus and fasting Patient was consulted to temporary. Surgery Department and treat together with diagnosis Suspected Hypertrophic Pyloric stenosis. Patient was planned for supine and LLD abdominal x ray, and Abdominal ultrasonography. Patient was second child, born with sectio caesarean delivery due to high risk mother, aterm baby birth weight was 3100 gram, birth length was 48 cm, vigorous baby.



Figure 1. Abdominal X-Ray 2 position



Figure 2. Abdominal ultrasonography

Patient looks moderately ill, heart rate 150 times per minute, respiratory rate 30 times per minute, body temperature 37 °C, body weight 3.100 gr, body weight before sick was 3.400gr, rehydrated body weight was 3290gr, body height 49 cm, weight for age was -2 SD  $\leq Z \leq 0$  SD Score , length for age was -2 SD  $\leq Z$  Score  $\leq$  0 SD, weight for height was 0 SD  $\leq$  Z Score  $\leq$  +2 SD, impression well nourished. There was no anemic nor edema, no jaundice and cyanotic. Skin was warm, turgor was slowly returned. There was no regional lymph enlargement. Head was round and symmetric, head circumference 39 cm (normal based on Nellhauss standard), depressed fontanella. There was sunken eyes, conjunctiva was not anemic, sclera was not icteric, pupil isochors with diameter 2mm/2mm, light reflex was positive normal. Ears and nose were normal. Tonsil was T1-T1, not hyperemic and pharynx was not hyperemic. Mouth's mucous was dry. The chest was symmetric, no retraction, lung sound bronchovesicular, no rales, no wheezing, heart: ictus was palpable at left midclavicularis line, intercostal space V, heart sound: regular rhythm, no murmur. There was no abdominal distension, liver was palpable 1/4-1/4, sharp edge, homogenous, spleen was not palpable, olive sign (+), peristaltic sound was normal, turgor slowly returned. No abnormality found in genitalia, puberty state A1P1G1. Extremities was warm with good perfusion, physiological reflexes were positive

normal.

Haemoglobin 11 g/dL, white blood cell 9.270/mm<sup>3</sup>, differential count 0/0/0/67/26/7, hematocrite 33 vol%, platelets 539.000/mm<sup>3</sup>. Sodium 133 mmol/L, Potassium 3,2 mmol/L blood glucose 110 mg/dl.

Patient was performed pyloromyotomy, still fasting temporary. Patient was using 2 nasogastric tube, NGT 1: connecting into gaster, NGT 2: connecting into pylorus, there's no vomit, no fever mixturition and defecation in normal limit. After surgery patient got Total Parenteral Nutrition IVFD D12,5% with electrolyte 20 gtt/minute (micro), Aminofusin ped 5% 100cc/day, Ivelip 20% 15cc/day, then try Intake per NGT (into duodenum) increased gradually from 12 x 10cc until full feed 12 x 30 cc. in the next day Patient tried to got breast milk, 8 x 40 cc per NGT, after patient got full feed, NGT was taken out, then patient tried to feed per orally, increased gradually, no fever, no vomit, micturition and defecation was in normal limit, and patient was discharge in 14<sup>th</sup> day of hospitalization.

# Case 2

Baby FO, a 2 month old boy baby was hospitalized in Dr. M Djamil Hospital pediatric ward for 16 days with chief complain recurrent vomiting since 2 week ago, increased more frequently in this 1 week, frequency 5-10 times/day, 3-5 spoon/times contains with formula milk and yellowish liquid, sometimes projectile, vomiting usually present after drink a milk. Last vomit was 4 hours ago, colour was white contained breast milk, and sometimes projectile. The patient got formula and breast milk, but in last 4 days formula milk was not given. The stomach looked distended since 1 week ago. There's no defecation in last 5 days. There is no fever. Bodyweight loss since illness, from 3,2 kg to 2,9 kg. patient got breastmilk, sometimes was given formula milk, but since 4 days ago, patient just got breastmilk. There was no history of diarrhea and bloody stool before. Patient was looked thirsty, micturition was dark and less in last 1 day. Patient was referred from private hospital with Susp Hypertrofic Pyloric Stenosis, patient had been performed Abdominal X-ray with conclusion: Dilated gaster due to pyloric obstruction due to susp. HPS DD volvulus and had been performed abdominal ultrasonography with conclusion: suggestive HPS. Patient was consulted to Surgery Department and treat together with diagnosis Suspected Hypertrophic Pyloric stenosis. Patient was second child, lowbirth bodyweight neonates with sectio caesarean delivery due to history of former sectio caesarean delivery with lowbirth bodyweight 2200 gram and birth length 46 cm, vigorous, preterm baby.

Patient looks moderately ill, heart rate 152 times per minute, respiratory rate 30 times per minute, body temperature 36,7 °C, body weight 2.750 gr, bodyweight before sick was 3.000 gr, rehydrated bodyweight 2.915 gr, body height 50 cm, weight for age was -3 SD  $\leq Z \leq$  -2 SD Score , length for age was -2 SD  $\leq$  Z Score  $\leq$  0 SD, weight for height was -3 SD  $\leq$  Z Score  $\leq$  -2 SD, impression undernourished. There was no anemic nor edema, no jaundice and cyanotic. Skin was warm, turgor was slowly returned. There was no regional lymph enlargement. Head was round and symmetric, head circumference 35 cm (normal based on Nellhauss standard), depressed fontanella, sunken eyes was present, conjunctiva was not anemic, sclera was not icteric, pupil isochors with diameter 2mm/2mm, light reflex was positive normal. Ears and nose were normal. Tonsil was T1-T1, not hyperemic and pharynx was not hyperemic. Mouth's mucous was dry. The chest was symmetric, no retraction, lung: bronchovesicular, no rales, no wheezing, heart: ictus was palpable at left midclavicularis line, intercostal space V, heart sound: regular rhythm, no murmur. There were no abdominal distension, liver was palpable 1/4-1/4, sharp margin, homogenous, and the spleen was not palpable, olive sign (+), peristaltic sound was normal, turgor was slowly returned. No abnormality found in genitalia, puberty state A<sub>1</sub>P<sub>1</sub>G<sub>1</sub>. Extremities was warm with good perfusion, physiological reflexes were positive normal, laboratory result was Haemoglobin 12 g/dL, white blood cell 6.090/mm3, differential count 0/1/1/17/70/11, hematocrite 33 vol%, platelets 581.000/mm3, Sodium 135 mmol/L, Potassium 2,7 mmol/L blood glucose 121 mg/dl.



Figure 3. Abdominal X-Ray 2 position



Figure 4. Abdominal ultrasonography

Patient was performed pyloromyotomy and got Central Venous Catheter because perifer line was difficult to access. still fasting temporary. Patient was using 2 nasogastric tube, NGT 1: connecting into gaster, NGT 2: connecting into pylorus, there's no vomit, no fever, mixturition was in normal limit. Patient tried to get intake per NGT duodenum, but residual fluid still exist for 2 days about ± 5-10cc/day. Laboratory resut after surgery was Haemoglobin 9,5 g/dL, white blood cell 7.050/mm3, differential count 0/0/3/65/28/3, hematocrite 29 vol%, eritrocyte 3.290.000, platelets 304.000/mm3, MCV 85 MCH 29 MCHC 34, Sodium: 132 mmol/L, Potassium: 4,1 mmol/L, Calcium 9,8mg/dL, Albumin 3,5mg/dL, blood glucose: 130 mg/dl. After surgery patient got Total Parenteral Nutrition IVFD D12,5% with electrolyte 20 gtt/minute (micro), Aminofusin ped 5% 100cc/day, Ivelip 20% 15cc/day, then try Intake per NGT (into duodenum) increased gradually from 12 x 10cc until full feed 12 x 30 cc, Transfussion PRC 1 x 30cc, add antibiotic Ampicillin 4x150 mg iv post operation, paracetamol 4 x 50mg iv. Then patient was given breast milk per NGT, 12 x 30 cc, defecation was in normal limit, both NGT had been taken out, after that patient tried to take intake per orally, there's no residue, no vomiting, no fever, ad patient was discharge in 16th day of hospitalization.

#### 3. Discussion

In HPS, the pyloric portion of the stomach becomes abnormally thickened, resulting in narrowing and elongation of the pyloric channel. A gastric outlet obstruction is produced, with compensatory dilation, hypertrophy, and hyperperistalsis of the stomach. Most infants with HPS present in the first 2 to 12 weeks of life with forceful or projectile nonbilious vomiting after feeding.15 The emesis may become blood-tinged because of gastritis. The timing of the presentation is likely related to increasing volumes of enteral feeding acting on abnormal pyloric tissue. Many infants with HPS are initially believed to have a food allergy or gastroesophageal reflux. The narrow window of diagnosis between approximately 2 and 12 weeks may be due to the introduction of enteral feeding, which acts on abnormal pyloric tissue.<sup>5,8,16</sup>

Prevalence of HPS estimates are in the range of 1 of 3 per 1,000 live births per year, although wide variations have been documented with geographic location, season and ethnic origin.3 HPS prevalence varies by maternal race/ethnicity. Studies in the United States generally report higher prevalence of HPS among white non-Hispanic mothers, with significantly lower prevalence among non hispanic black mothers.

Because HPS presents with symptoms that resemblethose associated with other gastrointestinal disturbances, such as gastroesophageal reflux disease (GERD), it can be misdiagnosed in its early stages.18, 19 Once it is identified, however, surgical correction by pyloromyotomy is considered curative, with a very low mortality rate (ie, 0.1%) and incidence recurrence in only 1% of patients. Typically, treated infants recover quickly and can begin feeding within hours after surgery. The clinical pathway to diagnose the HPS was shown in figure 1.5.6



Figure 5. Clinical pathway hypertrophic pyloric stenosis

Although the etiology of HPS remains unknown, providers can quickly recognize the signs and symptoms of HPS in order for surgical treatment to be scheduled in a timely manner. The diagnosis is primarily made by history and physical exam. Infants treated with the Macrolide erythromycin during the first two weeks after birth are at increased risk of HPS.<sup>20</sup> History of Macrolide antibiotics uses for upper and lower respiratory tract infections must be noticed.<sup>21</sup> The classic clinical presentation of pyloric stenosis is projectile nonbilious vomiting in an infant 3 to 6 weeks of age. Although the disease rarely presents at birth, some infants will develop a crescendo pattern of emesis that begins in the first week of life and progresses to full presentation as late as 3 to 4 months of Significant metabolic alkalosis and age. malnutrition may occur as a consequence of prolonged symptoms.7,16,22

The typical physical exam findings in these patients

include visible peristaltic waves in the epigastrium and the presence of a palpable mass in the upper abdomen. The mass or "olive" may be distinguished by an experienced examiner in 70% to 90% of patients. Identification of this finding often requires gastric decompression and a cooperative patient. The infant is most easily examined in the supine position with either a pacifier or bottle of sugar water given to keep him or her calm. The legs are gently elevated to relax the abdominal wall musculature and the abdomen is palpated in the subxiphoid region about one half the distance to the umbilicus. The examiner must be patient and occasionally must return to reexamine the infant in order to identify the "olive' In the absence of a palpable mass, an upper gastrointestinal (UGI) contrast study or ultrasonographic evaluation will usually make the diagnosis.<sup>6</sup> The initial physical exam should also include an assessment of the patient's overall clinical status and degree of dehydration.3,5,131

In most pediatric centers, the study of choice is an abdominal ultrasound (US). The ultrasonographic criteria for pyloric stenosis include a pyloric channel length > 17 mm, pyloric muscle diameter > 14 mm, and pyloric muscle wall thickness >4 mm. This technique is reliable and decreases the risk of aspiration. If the US is incon clusive or there is concern for gastroesophageal reflux, malrotation, or anatomic anoma-lies, then an UGI series should be performed. This study will demonstrate the presence of a distended stomach with narrowing and elongation of the pyloric channel-the "string" sign or "double track" sign. Other findings seen on UGI series include "shoulders" at the proximal end of the pylorus reflecting the hypertrophied muscle bulging into the gastric lumen.<sup>9,23</sup>



Figure 6. Pyloromyotomy

#### Treatment

Initial management of vomiting in children should begin with fluid replacement if the patient appears dehydrated or if lab findings suggest an electrolyte imbalance.<sup>24</sup> If HPS is suspected, a pediatric surgery consult should be obtained. Surgical correction by a pyloromyotomy is curative. Presurgical gastric decompression via nasogastric tube placement will reduce the risk for postoperative vomiting and gastritis.<sup>2</sup>

#### **Medical treatment**

Medical treatment for HPS was giving of Atropin oral or intravenous administrtion.<sup>23,25</sup> The dosage of Aropin intravenous was 0,01 mg/bw/day divide to six dosage, and continue to oral if there is not contraindication.<sup>26</sup> Study in 2013 at Saudi Arabia show the effectivity of atropin for HPS> Atropin dosage was 0,1 mg/bw/days divide to six intravenous give before meal, continue with 0,02 mg/kg/day divide to 6 dosage oral if there no contraindication. USG Evaluation of this treatment show reduce of muscle thickness. The side effect of aropin was flusing, tachycardia and increase of liver enzyme.<sup>23</sup>

The laparoscopic approach, first described in the literature in the mid-1990s, is gaining popularity among surgeons, although recent studies have demonstrated that open and laparoscopic procedures are comparably safe and effective for the management of HPS.<sup>29</sup> Jia et al indicate that the laparoscopic approach results in reduced postoperative emesis, shorter length of hospital stay, and shorter recovery times; Hall et al emphasize the advantages of laparoscopic pyloromyotomy and recommend it over open surgery in facilities with experienced surgeons.10,30

#### Complication

Pyloromyotomy is associated with a low incidence of morbidity and mortality. A retrospective review of a large number of patients from 2 pediatric surgical centers between 1969 and 1994 revealed a 10% overall complication rate. Over the 25-year period, 901 infants underwent pyloromyotomy via a right upper quadrant incision. Intraoperative complications occurred in 4% of patients (39 duodenal perforations, 1 difficult intubation). Postoperative complications occurred in 6% (1% wound infection, 3.5% postoperative vomiting beyond 48 hours, and 1 death from delayed diagnosis of Hirschsprung's disease and enterocolitis). There were no incomplete pyloromyotomies.<sup>31</sup>

The frequency of associated reflux in infants with treated HPS may be in the range of 10% to 15 %. Antireflux measures and medications usually control the symptoms. Those patients who are refractory to medical therapy or have persistent projectile nonbilious emesis beyond 10 days should be suspected of having an inadequate myotomy. This is a very rare complication but tends to occur in the setting of inadequate proximal extension of the myotomy onto the gastric antrum. Diagnostic imaging studies are typically not useful because the radiographic findings of HPS may persist for many weeks to months postoperatively, despite the resolution of symptoms. the incidence of infectious (pneumonia/septicemia) and metabolic (shock/convulsions) complications was as high as 30% to 40% and mortality rates approached 20%.27

#### Prognosis

Earlier diagnosis, improved preoperative management, better anesthetic care, and an overall enhanced understanding of the pathophysiology of the disease have led to a precipitous decline in the morbidity and mortality for surgery to less than 10% and 0.5%, respectively. Currently, most uncomplicated patients may be discharged within 24 hours of surgery. Minor episodes of emesis or "wet burps" may persist for up to 2 weeks postoperatively. Most patients will have a rapid and complete resolution of vomiting by 1 week following their procedure. The hypertrophied muscle retains to normal caliber at about 3 to 4 weeks after surgery. There appear to be no major long-term residua in patients who have had surgery for HPS.<sup>30</sup>

This patient was undergo pyloromyotomi for definite therapy. The preferred treatment for HPS is surgical intervention. Surgical correction has been so consistently successful that the treatment of choice for HPS is the Ramstedt pyloromyotomy. It has been the standard treatment of HPS for decades. Although the approach may differ based on the individual surgeon's preference, the pyloric muscle is pulled through an incision in the abdominal wall. A longitudinal incision is made through the muscle with blunt dissection to the submucosa on the anterior surface of the pylorus. The pylorus is then returned to the abdominal cavity, and the abdominal incision is sutured. Most patients have excellent short-term and long-term outcomes. and mortality has been virtually eliminated with the use of appropriate fluid resuscitation, improvements in anesthesia, and a standard surgical approach. Muscle thickness returns to normal within 4 weeks, and is associated with heal-ing of the pyloric muscle and return of function.<sup>5</sup> when premature baby got pyloromyotomy, baby will get increased risk of postoperative LOS and it suited with the references.33

After surgery patients was still vomiting for 2-3 days in preterm baby, but not in aterm baby. After that patient was gain condition and tolerate breast milk. Although 30% to 90% of patients will have some degree of postoperative emesis, this typically resolves spontaneously within the first week. The frequency of associated reflux in infants with treated HPS may be in the range of 10% to 15 %. Antireflux measures and medications usually control the symptoms. Those patients who are refractory to medical therapy or have persistent projectile nonbilious emesis beyond 10 days should be suspected of having an inadequate myotomy.<sup>2,3,25</sup> Preterm baby got postperative PRC tranfussion, while the aterm baby didn't get any transfussion, it is not suited with any references, because aterm baby had higher risk to transfussion postoperative, there was no explanation about this, because it was just epidemiologic data.33

## 4. Conclusion

HPS in preterm baby got more complications after surgery than aterm baby, such as: longer length of stay, reflux post operative.

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